

# Old Lyme



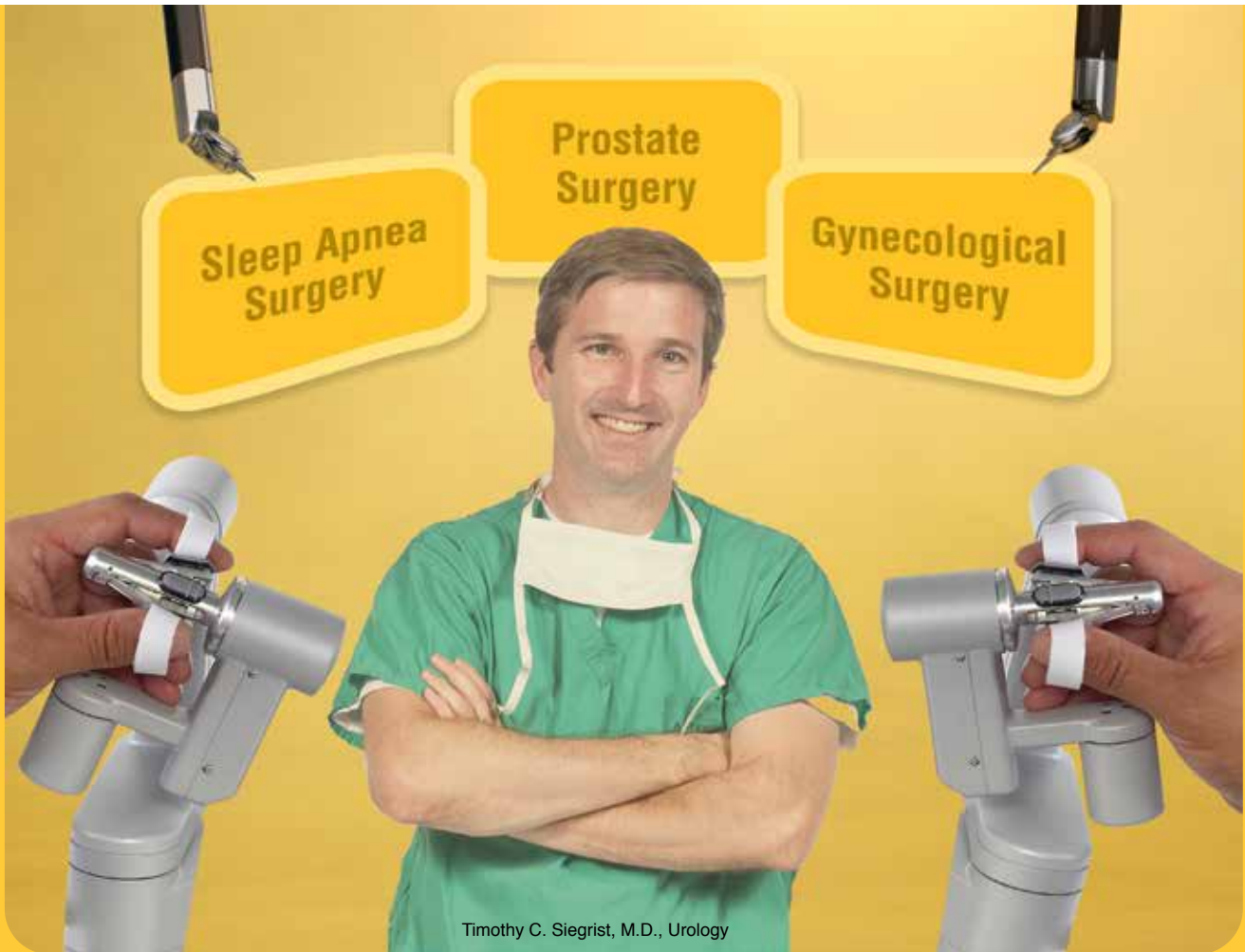
# Events

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Volume 6 • Quarter 1 • 2012

A low-angle, upward-looking photograph of a massive steel truss bridge. The structure is composed of numerous dark, heavy steel beams and girders, creating a complex lattice of triangles and rectangles. The bridge is supported by a large, multi-tiered stone pier at the bottom. The sky is a clear, bright blue. The perspective is from below, looking up at the bridge's framework.

**In this issue:**  
**Selectwoman's Corner**  
**Chamber Update**  
**Conservation Commission**  
**Citizen of the Year**  
**The Size-Up**  
**and more!**



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# Selectwoman's Corner

Since I officially took office on November 22, 2011, the office of the First Selectwoman of Old Lyme has been a very busy place. My thanks go out to the staff for their warm welcome, and to the many visitors who have stopped in the office to offer congratulations and well wishes, and, as always, their offers of assistance if needed. It is clear we live in a wonderful community with the best of citizens. Our new Board of Selectmen is also working well together – Mary Jo Nosal, serving her first term in office, and Skip Sibley, who now serves in his 6th term. We look forward to working well together and accomplishing a great deal for Old Lyme.

**TAKE THE TIME TO SUBSCRIBE!** If you have not already done so, please take the time to subscribe to our website by going to [www.oldlyme-ct.gov](http://www.oldlyme-ct.gov). Scroll all the way down, and in the bottom right corner, click on Email Subscriber. Once you enter your email address, you will get all published News and Announcements – it's the best way to stay on top of what's going on. Our goal is to double the number of subscribers in the next 2 months, so please sign up today!

**CRVCOG:** On November 21, 2011, a Special Town Meeting was held to vote on the formation of the CT River Valley Council of Governors. Currently, we belong to a Council of Elected Officials within a 17 town group that includes members from our Regional Planning Agency, CRERPA, as well as

members from the Mid-State Regional Planning Agency north of us. Formation of this Council of Governors, or COG, will be done voluntarily by the 17 towns, rather than mandated, and may make us eligible for funds to help with the cost of the merger. While we may ultimately approve this formation, the citizens at the meeting felt that more information is needed to understand the need. In an effort to provide more information, I interviewed CRERPA Executive Director, Linda Krause, about formation of the COG for our Public Access Cable channel. You may have seen this interview in full on Channel 14, and we have excerpts available on the town website. This issue will be raised at a future Town Meeting for approval.

**NEW FIRE ENGINES ORDERED.** One of the first duties of the new Board of Selectmen was to go to Town Meeting on Dec. 5, 2011 to approve the expenditure of \$150,000 for two new fire engines for the Old Lyme Fire Department. Did you know that due to the diligence of our ALL VOLUNTEER Fire Department (keeping equipment in good order, purchasing equipment when needed but not before, and assuring proper training of personnel), each and every homeowner in Old Lyme enjoys a lower Homeowner's Insurance rate? This is why it is important to support their efforts and the timelines they develop for the purchase of new equipment. The Board of Finance prudently followed their guidelines, and budgeted for these two


*continued on page 3*

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**Sajda Malik, MD**  
**Lauren Kopyt, MD**

**Jessie Brutus, MD**  
**Sonia Stavens, LPN**

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• *Selectman's Corner continued from page 1* •

new fire engines by setting aside \$260,000 per year for 3 years. When we were ready to order in December, additional requirements meant that the cost was a bit higher than anticipated, so at the town meeting the additional \$150,000 was approved. Pre-paying 90% of the contract resulted in an additional savings of about \$15,000. We expect delivery of the new fire engines in about 8 or 9 months. Thanks go out to all of our volunteers on the Fire Department and the Board of Finance!

**HIGH SCHOOL BUILDING PROJECT – SECOND BOND:**

In December, Regional School District 18 was advised to review the schedule of bonding for the High School Project. After understanding the favorable rates available and the impact of these rates on the overall repayment schedule, the two towns of the District agreed that we should go out to bond for the second \$14.5 Million for the project. On Jan. 3, we were delighted to receive a rate of 2.5% for the second bond, which has brought the overall cost of the project down substantially. The High School renovation continues to proceed on, or ahead of, schedule, and within the budget. Thanks go out to the hard work of the Building Committee for their diligent oversight of the project.

**ANNUAL TOWN MEETING:** Our Annual Town Meeting took place on Jan. 23, 2012, and our Annual Town Report was accepted by the citizens in attendance. About 40 people came out to get the first copies of the report, which highlighted

our recycling efforts in town. In addition, the Town Meeting approved Jane Marsh as our representative to CRERPA, and approved an easement for CL&P on the property adjacent to the High School driveway entrance, which supplies service to the Fire Department. To wrap up the evening, we were delighted to have an update on the High School Renovation Project, as well as the good news about the bonding rate of 2.5%. Thank you to Superintendent Betty Osga and BOE Treasurer Vicki Lanier for their presentation. And of course our Citizen of the Year was announced!

**CITIZEN OF THE YEAR:** Congratulations to Diana Atwood Johnson, our 2011 Citizen of the Year. Diana was named Citizen of the Year at our Annual Town Meeting for her Advocacy of the Arts and the Environment. There is more information about Diana and her outstanding efforts on behalf of our community on page .









**ROGERS LAKE DAM:** The repairs to the Rogers Lake Dam have been on our radar for years, with permitting and other challenges causing lengthy delays. But it appears that we are finally ready to move forward. Updated quotes, as well as designs, for the recommended Fishway will be ready in early spring, when we expect to continue the final permitting process. Even at that, the actual work will likely be done in August of 2013. The STEAP grant we were awarded (\$229,000) will help go a long way to help with the cost of repairs.

*continued on page 4*


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• *Selectman's Corner continued from page 3* •

**CULTURE AND TOURISM GRANT FINALLY RECEIVED!**

We finally received a \$200,000 Culture and Tourism grant reimbursement for our Town Hall renovation project. Thanks go to the diligent follow up by our staff in assuring that this check was received.

**SOUND VIEW COMMISSION – SPECIAL PROJECT:**

The Sound View Commission has been very busy over the past year. In November, they presented a well-developed plan for changes in Sound View. BSC Engineers, in conjunction with the SVC, have developed plans for a Park, complete with composting restrooms, at the end of Hartford Avenue, where the Town Parking Lot is currently. A smaller lot will still accommodate up to 44 cars, and the street parking would be changed to diagonal parking, increasing the number of cars on the street. All parking will be paid, through the use of Kiosks, but with a town sticker on your car you will still park for free. As you might expect, the cost is high, but the SVC has applied for grants to help defray the cost of the project. We are all hopeful that we will hear good news about a major grant in the spring. The plans are available for viewing online at our town website.

**STEAP GRANT FOR BOATHOUSE:**

Although Old Lyme has been very lucky to receive STEAP grants for several projects in town, our application for the Boathouse at Hains Park was not granted. The Rower's Association was disappointed in the news, but we plan to re-submit the application for the next round of grants.

**BUDGET PROCESS FOR FY 2013:**

The budget process has begun, and the Board of Finance continues to meet on a weekly basis to review budget requests. They are working hard to make sure that your hard earned dollars are wisely spent. The Town Meeting to approve the budget for FY 2013 will take place in May, after a hearing has been scheduled to present the budget to the townspeople.

**FLY-OVER FOR GIS MAPPING – CLEAN YOUR YARDS**

**EARLY THIS YEAR!** Many of us have gone on either Google Earth or other GIS websites, where we can see our own property from a "Bird's Eye View". Well, it is actually a "Plane's Camera View", and a State-sponsored flyover is planned for this spring. In order to get the best detail, the flyover is done before there are leaves on the trees, and the detail is always improving. The results will be ready to update all GIS mapping systems sometime in the summer, so if what shows in your yard matters to you, you might want to do your "spring cleaning" early.

So far, we have been lucky with the winter, keeping our snow budget at a minimum, which most of us appreciate (with apologies to the skiers, skaters and snow lovers!). With such a mild winter, it has felt like Spring is just around the corner for some time, but it truly is now. On behalf of the Board of Selectmen, I wish you a warm, safe and Happy Spring.

— *First Selectwoman Bonnie A. Reemsnyder*



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1,500-1,750 SF	RAKA042JAZ	3.5	\$5,700.00
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## Chamber Update

Several hundred residents joined us in December at our Annual Tree Lighting. The performance by our Middle School Band musicians, led by Carrie Wind, is always one of the highlights of the holiday season. The holiday magic continued for us at our December dinner meeting when Kristine Pekar & the Select Singers from our high school joined us for a carol sing.

Also in December, businesses & non-profits combined efforts for festive town-wide Light Up Old Lyme events. Thanks to Barbara Crowley of The Chocolate Shell, Linda Improte of Lemon 'n Lyme, Tammi Flynn from the Florence Griswold Museum, and Emily Paine of the Lyme-Old Lyme Girl Scouts for all the planning that went into this special day!

In January we were treated to a mini-wine seminar when we celebrated Ken Turcotte of The Divine Wine Emporium's 10 year anniversary at a Business After Hours. Our dinner speaker in February at The Hideaway was wildlife photographer John Fast, who shared magnificent photos from a recent Alaska trip.

If you're already looking forward to the spring, please mark these dates on your calendar: Thursday March 15, Business

After Hours at Lyme Academy College, 5:30 to 7 p.m. Sunday, April 29, 12th Annual Taste of the Lymes at the Lyme Art Association, 3 to 6 p.m. May TBA, Business After Hours at the Old Lyme Inn. Thursday, June 21 Annual Dinner Meeting at Morning Glory Cafe.

Other Spring events in the planning stages are a Women in Business brunch (with Health & Fitness as our theme) and a Business Roundtable co-sponsored with the Town of Old Lyme. Watch for more details on both of these special meetings, as well as a town-wide business promotion in May!

Our Lyme-Old Lyme Chamber membership is diverse: both brand new & well-established businesses of all sizes & types - gift shops, galleries, restaurants, convenience stores, & more; non-profits, attorneys, contractors, physicians, retirees, etc. We need ideas, energy, and assistance from all our members. We want our Chamber to be a vibrant organization, responsive to the needs of our business community.

If you are interested in becoming more involved in Chamber activities, please let us know. And, if you are not a member yet, please consider joining us - membership is still only \$40. Applications are available online at [www.lolcc.com](http://www.lolcc.com). Don't forget: BUY LOCAL!

*For town updates & information:*

**[www.oldlyme-ct.gov](http://www.oldlyme-ct.gov)**

— Catherine Frank, President,  
Lyme Old Lyme Chamber of Commerce

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**Lyme:** This remarkable, waterfront Shingle-style residence, dramatically sited on an exquisite parcel overlooking the CT River, includes a 60 foot deep water dock with lift. The interior features a Chef's kitchen, first floor master suite and stunning views!  
M9132379 \$3,250,000  
Jennifer & Jane Associates 860.227.6634



**Lyme:** Dock or moor your boat(s) on picturesque and historic hurricane hole Hamburg Cove. CT River and Long Island Sound access. Private, pristine 4,300 sf shingle-style home offers 5BRs, 3.1 baths, 4 fpls, 9' ceilings, views!  
M9130531 \$1,995,000  
Rick Weiner 860.227.3191



**East Lyme:** Beautiful 200 acre property. 40 acres in Lyme, residence & 160 acres in East Lyme. Lovely antique Colonial in wonderful condition. Meadows, farmland, ponds, a brook & endless stone walls & cart paths running through your own private sanctuary.  
M9129203 \$1,995,000  
Ellen Henderson 860.961.9643



**Old Lyme:** Regal 1895 "Ludington House" set in the heart of Historic Old Lyme Village. 9,000 sq.ft of elegance with 9 bedrooms, 8 and a half baths, 8 fireplaces. Spacious kitchen, columned twin porches. Barn with 4 car bays. Mature gardens.  
M9131768 \$1,975,000  
Colette Harron 860.304.2391



**Niantic:** New to the market. This custom designed shingle style house is just under 5,000 sq.ft and sits on just under 1-1/2 landscaped acres with a pool in coveted Old Black Point. Luxurious and beautifully designed with 5 spacious bedroom suites and 5-1/2 baths.  
M9132697 \$1,495,000  
Jamie Childs 860.501.2110



**Lyme:** Designed by noted architect, this dramatic waterfront home has a contemporary flair with views and access to an inlet of Hamburg Cove, perfect for small boat activity. Sunlit rooms and open, flexible floor plan are hallmarks of this stunning home.  
M9124803 \$795,000  
Jennifer & Jane Associates 860.227.6634



**Old Lyme:** Antique Colonial in Historic Old Lyme Village near Art Academy. Large formal LR w/fireplace, den/office w/fireplace, large formal DR w/fpl, eat-in kitchen and sunroom on 1st floor. 3BRs, 3 baths and sunroom on 2nd floor and 4th BR in attic.  
M9132124 \$699,000  
Joe Kelly 860.287.1222



**Lyme:** Hamburg Cove waterfront with dock and gorgeous views. Two bedroom Cape needs TLC, but well worth the effort. Includes 2 separate lots with possible expansion potential.  
M9131303 \$589,000  
Ellen Henderson 860.961.9643



**Old Lyme:** Enjoy the art of living in this bright, comfortable work of art! Inspiring light and flow. A perfect balance of open and intimate spaces. Walls of windows let the outside in. Four bedrooms, 3.1 baths, 3 fpls, 3.8 acres. Recent updates.  
M9132712 \$529,000  
Rick Weiner 860.227.3191

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## Town Clerk's Office

### Congratulations!

We congratulate the following on their recent marriages:

Brian David Bush & Wendy Lou Robbins - October 8  
Mark Andrew Tyler & Ann Marie Montgomery - October 19  
Timothy James Arpin & Brandy-Deanna McPherson - October 23  
Michael S. Haring & Stephanie G. Olander - November 11  
George Peter Beardsley & Miriam Ann Curtin - December 28

### With Sympathy

We would like to express our condolences to the families of  
recently deceased Old Lyme residents:

June Koelle Anderson	Concetta Lombardo
Sebastian Bartolotta	Donald E. Lougee
Ruth E. Byrne	Dominick Michael Melillo
Robert Claps	Maureen T. Nelson
Charles D. Cook	John Charles Noyes
Jonathan E. Glenn	George Washington
Barbara Intagliata	Patterson VI
Charles Herbert Larson	Walter Piersa

— Eileen K. Coffee, Town Clerk,  
Vicki Urbowicz, Assistant Town Clerk

## Voter Information

Unaffiliated voters have until April 23 to file a Voter Registration form at their local Town Hall if they wish to vote in the April 24 Republican primary. Those registering by mail must have their application received by the Registrar of Voters by April 19.

First time voters have until April 23 to register in person. Mail-in registrations must be postmarked by April 19. Voter registration applications are available for download on the Secretary of the State website, [www.sots.ct.gov](http://www.sots.ct.gov) or at local DMV branches, Town Clerk offices and Registrars of Voters offices.

## Town Offices

52 Lyme St, Old Lyme, CT 06371

Ph: 860-434-1605 • Fx: 860-434-1400

### Town Hall Hours

Monday - Friday:  
9:00 AM - 4:00 PM

## Contact Information for Old Lyme's Legislators

US Congressman Joe Courtney  
55 Main Street, Suite 250, Norwich, CT 06360  
860-886-0139

US Senator Joe Lieberman  
One Constitution Plaza, 7th Floor, Hartford, CT 06013  
860-549-8463, 1-800-225-5605

US Senator Richard Blumenthal  
900 State House Square, 10th floor, Hartford, CT 06103  
860-258-6940

State Senator Andrea Stillman  
Legislative Office Building, Room 3100  
Hartford, CT 06106-1591  
860-240-0425, 1-800-842-1420

State Representative Marilyn Giuliano  
Legislative Office Building, Room 4200  
Hartford, CT 06106  
860-240-8700, 800-842-1423 (toll-free in CT)

## Assessors Office

The Assessors Office reminds residents of Elderly Homeowners & Totally Disabled and Additional Veterans tax relief availability. Elderly & Totally Disabled Tax Relief for Homeowners is available from February 15 through May 15th. An additional Veterans Exemption is also available for those who qualify for the above. To qualify, recipients must have reached the age of 65 or older by the end of the previous year (one spouse if married) or be totally disabled. Eligibility is also based on combined/single income limitations & length of home ownership. Applicants may not be receiving federal, state, county or municipal financial subsidy or aid.

In conjunction with the 2014 revaluation, those taxpayers with rental commercial properties will be receiving Income and Expense forms from our office to be filed by June 1, 2012.

For more information please call Mickie Fraser, Administrative Assessment Technician @ 434-1605 Ext. 219.

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## Dog Licensing Information

All dogs must be vaccinated against rabies. Owners must submit a certificate to the Town Clerk when licensing their dog per CGS Sec 22-338.

When a spayed or neutered dog is licensed for the first time, a certificate from a licensed veterinarian must be presented. All dogs six months or older must be licensed and wear a collar and tag at all times.

Current dog owners will receive a reminder to relicense their dogs during the month of June. Please inform the Town Clerk if a licensed dog is deceased or moved out of town.

FEES: \$19 male or female. \$8 neutered male or spayed female. \$1 per month late fee. If licensing by mail, send in the rabies certificate, proof of neutering or spaying, self-addressed stamped envelope and check made payable to Town of Old Lyme. Mail to Town Clerk, 52 Lyme Street, Old Lyme, CT 06371.

With the warmer weather the Animal Control Department gets much busier with complaints such as barking dogs, dogs roaming on the beaches, and wildlife making nests inside resident's homes. A Town Ordinance prohibits dogs on the beach. Be aware of the posted signs.

If your dog is barking, please do your best to quiet them. We do not handle most wildlife calls but if you have concerns you should call our office and we can direct you to the agencies that may help.

We like to remind dog owners that leaving your dog in a car in the warmer weather is an irresponsible thing to do. The temperature in the car can get to a dangerous level in minutes causing your dog stress to keep cool and in a worse case lead to heat stroke. In times when you have no choice but to leave your pet in the car, bring an extra set of keys and lock the car with the air conditioner on.

June is time to renew your dog licenses. Please place your current tags on the collar of your dog. If your dog is found roaming, it will help us to get them back to you quickly.

The best time to catch us at the shelter is between 10am and 2pm daily. Please call ahead as we could be called out to investigate a complaint at any time. Our number at the shelter is 860-434-3047. I am proud to serve the Town of Old Lyme and would like to wish everyone a safe and happy spring.

— Sandra J. Bannon, Animal Control Officer

**Deadline for the next issue of**  
**OLD LYME EVENTS**  
**is May 15, 2012.**

**Old Lyme Town Hall • 860-434-1605**  
**www.oldlyme-ct.gov**

**Old Lyme Municipal Departments**

Department	Contact	Phone
Animal Control	Sandra Bannon	434-3047
Assessor	Walter Kent	434-1605 x218
Board of Selectmen	Timothy C. Griswold, First Selectman	434-1605 x211
Board of Selectmen	Skip Sibley	434-1605 x212
Board of Selectmen	Bonnie Reemsnyder	434-1121
Building	Ron Rose	434-1605 x230
Emergency Management	David Roberge	434-1605 x231
Finance	Doris Johnson	434-1605 x215
Finance Director	Nicole Stajduhar	434-1605 x232
Fire Marshal	David Roberge	434-1605 x231
First Selectman	Timothy C. Griswold	434-1605 x211
Harbormaster	Michael Moran	434-1605 x212
Health	Vijay Sikand, M.D.	434-1605 x214
Town Historian	John Pfeiffer	434-8829
Land Use	Kim Groves, Kim Barrows	434-1605 x236
Parks and Recreation	Don Bugbee	434-1605 x235
Police	TFC Scott O'Donnell	434-7080
Probate Court	Hon. Jeffrey McNamara	739-6052
Public Works	Ed Adanti	434-2461
Registrar of Voters	Patricia McCarthy & Don Tapper	434-1605 x226
School District #18	Superintendent of Schools	434-7238
Senior Center	Sherry Meyer	434-4127
Social Services	Sherry Meyer	434-4127
Tax Collection	Judith Tooker	434-1605 x216
Town Clerk	Eileen Coffee	434-1605 x221
Treasurer	John Bysko	434-3632
Zoning Enforcement	Ann Brown	434-1605 x225
<b>Other Agencies</b>		
Library	Mary Fiorelli, Director	434-1684
Youth Services Bureau	Mary Seidner, Director	434-7208

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## News from the Conservation Commission

The Old Lyme Conservation Commission recently interviewed Old Lyme's First Selectwoman Bonnie Reemsnyder on the subject of radon. January was National Radon Awareness Month and Bonnie has professional knowledge about the testing and remediation of radon: a colorless, odorless gas that is responsible during our lifetime for about half of our exposure to radiation.

About 2,900 deaths from lung cancer in the U.S. are caused by radon alone. Testing is as simple as buying a carbon canister from a large retail store for \$15-20. It is usually placed in the middle of a first floor room away from the windows. Now is a good time to do the testing because windows are closed and radon may be at its highest reading.

A reading of four picocuries per liter or higher is cause for a second test to verify the readings and suggests possible action. A reading of 20 pci/l is equivalent to smoking 40 cigarettes a day and radon intake multiplies the effects of smoking. Remediation for even very high levels of radon is relatively inexpensive when one considers the health risks involved. Readings slightly below four pci/l should not be considered safe according to some medical authorities.

All real estate sales normally require a radon test as part of the inspection report. In 1988, when 169 homes in Old Lyme provided test results 58 tested between 2 and 4 pci/l, 41 tested

above 4 pci/l, one tested between 20-40 pci/l, and one tested for between 40-100 pci/l.

We do have radon in Old Lyme and now is a great time to test your house for its presence.

The Conservation Commission has applied to the State DOT via CRERPA to improve road conditions for bicyclists and pedestrians on the Boston Post Road. With very little expense we believe the State DOT can make minor repairs and improvements, slightly widen the shoulders of the road, and identify the highway as a dedicated bicycle/pedestrian route which will connect with bicycle/pedestrian routes proposed or already in place in other shoreline towns.

The Economic Development Commission has been working on a bicycle/pedestrian link involving Route 156 (Shore Road) from the I-95 bridge to Smith Neck Road. Plans for bicycle use are also underway from Smith Neck Road to a proposed park at Sound View.

Townsppeople should also be aware of the Estuary Transit System which serves nine towns. Seniors 60 or over travel free. A regular ticket is \$2.50 and a 5 trip pass costs \$11.50. Service has been extended as far as Middletown, New London, and connections to New Haven. Take advantage of this public service. Call 860-510-0429 for more information or pick up a brochure at Town Hall.

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# Lyme's Youth Service Bureau

## Empowering Youth for a Better Future

59 Lyme Street, PO Box 589, Old Lyme, CT 06371  
860-434-7208

Please visit our website for more details and up-to-date information about programs. [www.lysb.org](http://www.lysb.org).

**PLAYGROUPS.** For children and parents or caregiver. Groups meet weekly at LYSB for 75 minutes and include circle time, stories, crafts, snacks, and parent/child social time. Call for more info and join us! 860-434-7208.

**BABIES FIRST.** Meets Fridays at 10:00 – 11:15 a.m. LYSB's group for new and expectant parents. Join us for social time and parenting discussions. Designed for parents of children up to age 12 months and is casual, comfortable, and informative. Weekly topics are based on parent's concerns and interests including feeding, sleeping, infant massage, babysitters and childcare, and more. Nursing and diaper changing are always welcome! Call LYSB for more info at 860-434-7208.

**MUSIC WITH MARGIE.** Wednesdays 11:00 a.m. A music and movement program for young children, enthusiastically led by Margie Warner who covers everything from dinosaurs to weather – all in a safe, fun environment! Come try a class on us! Contact LYSB to learn more about fees and dates 860-434-7208.

**HOLISTIC MOMS NETWORK.** "Living Healthy, Living Green". Meets the first Monday of the month at 7PM at LYSB. HMN connects parents interested in holistic health and green

living. Each month we explore a new topic including organic gardening, yoga, home birthing, self-defense, herbs, nutrition, etc. Check the LYSB website ([www.lysb.org](http://www.lysb.org)) for current topics and guest speakers. Not just for babies, HMN is for parents at all stages of parenting.

**YOUTH ART SHOW.** Our 26th annual celebration of art-work created by students in grades K-12. At the Lyme Academy College of Fine Arts, Sill House Gallery. Opening Reception: Thursday, March 22nd, 4:00-7:00 p.m. Show dates: March 22 through 31, 10-4 daily (closed on Sunday).

**THE BIZZ 2012.** Friday, March 30th at 7 p.m. at LOLMS Auditorium. LYSB's town-wide talent show. Always a sell out! Tickets \$7 available at the door. Doors open at 6:30 p.m.

**ENGINEERING FUNDAMENTALS WITH LEGOs® for HOME SCHOOLERS.** Tuesdays 10:00 to 11:30 a.m. at LYSB. Design and build motorized machines, catapults, pyramids, demolition derby cars, truss and suspension bridges, buildings, and other constructions. Explore concepts in physics, mechanical engineering, and architecture while playing with your favorite creations. This is a hands-on and minds-on class suitable for LEGO® novices to "maniacs." Contact 860-395-1861 for more information

**SITTER SAFETY CLASS.** Four Mondays: March 5, 12, 19, & 26th, from 2:15 to 4:00 p.m. An intense sitter safety and training course appropriate for babysitters, big brothers and sisters, and children staying home alone for the first time. This course touches on a variety of safety skills such as basic first aid, fire safety, and 911 skills. Fee is \$40 and includes supplies, snacks, and guest speakers. Call LYSB to pre-register at 860-434-7208 x0.

**MOTHER/DAUGHTER WORKSHOP.** Wednesday, May 2nd, 6:00-8:00 p.m. Open the lines of communication with your daughter! Designed to give girls a better understanding of the changes that her body will go through during puberty. Topics will include the importance of a positive body image and how to deal with difficult situations. A fun and educational night out for girls in 4th and 5th grade and their mothers. Cost is \$40 per pair and includes resource materials, goodie bags and a pizza dinner.

**SEWING WORKSHOPS.** If you've always wanted to learn to sew on a machine, join your friends at LYSB! For ages 8 and up. Machines provided. Call LYSB to register at 860-434-7208 x0. March 1, 8, 15 & 22 from 4:00 to 6:00 p.m. Aprons, oven mitts, and pot holders! Be a "domestic diva" while sewing and designing pretty and functional items to keep you and your family clean in the kitchen. Fee \$7 includes materials.

April 5, 19, & 26 from 4:00 to 6:00 p.m. Design one of a kind purses, small totes, and spring scarves. Learn to sew buttons and zippers to complete your project. For students with some prior sewing experience. Fee: \$70 includes materials.

**AMERICAN GIRL WORKSHOPS.** For ages 5 and up. Bring your favorite doll! Fee: \$15 includes crafts, stories, and yummy treats. Pre-register by calling 860-434-7208.

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*continued on page 13*

• *Youth Service Bureau continued from page 12* •

Saturday, March 17th, 2:00-4:00 p.m. Let's spruce up your wardrobe with accessories an American Girl would love. We'll design beaded jewelry, headbands and more! Saturday, April 21st, 2:00-4:00 p.m. Design American Girl frames or mirrors for your room using unique items, gems, and sparkles. Saturday, May 12th, 2:00-4:00 p.m. April showers bring May flowers! Design beautiful May Day floral crowns for you and your doll!

**GIRLS CIRCLE.** April 16, 23 & 30 3:30-5:30 p.m. or May 7, 14 & 21 3:30-5:30 p.m. For grades 3 to 5, Fee: \$20. Our girls self-esteem workshop. Hands on activities are designed to increase girls' self-esteem, body image, and social support. During this program girls will \*develop connections and feel included, \*build strong interpersonal relationships, \*dissolve barriers to respect, confidence, and empathy. Call to register at 860-434-7208 x0.

**THE COURAGE TO SPEAK.** With Ginger Katz, founder of the Courage to Speak Foundation. March 15, 2012 at 7 p.m. at LOLMS Auditorium. All parents are invited to this special presentation. Come to hear Ginger Katz, a Connecticut mom, tell the story of her son Ian's accidental drug overdose. The Courage To Speak Foundation was founded by Ms. Katz in an effort to foster open communication about the prevention of alcohol and other drug use among young people. Students in grade 6 and up are welcome to join their parents for this

emotional and inspiring program. Issues to be addressed: \*signs to look for, \* the code of silence and its dangers, \* addiction and its impact on families, \* what to do if your child is experimenting with drugs including alcohol, \* how to recognize risky behaviors and relationships. Sponsored by CASFY: Community Action for Substance Free Youth.

**COURAGEOUS PARENTING 101.** March 21, 28, & April 4th 7-9 p.m. at LOLMS Library. This three-session workshop for parents is a substance abuse education and prevention program developed by the Courage To Speak Foundation to help parents understand substance abuse and its impact on children and youth. You will gain the knowledge required to communicate more effectively with your children. Covers a variety of materials including fundamentals of prevention, current drug trends, signs of drug use, how to access help. For more information or to pre-register call LYSB at 860-434-7208 x0.

**MIDDLE SCHOOL AFTER SCHOOL PROGRAM.** Meets Tuesdays and Thursdays from 2:15 to 4:00 p.m. Come hang out with LYSB and participate in a variety of crafts, games, and fun activities. Students can walk to LYSB after school and passes for the Late Bus will be provided. This is a drop in program open to any LOLMS student. Registration fee of \$25 and permission form required, available on our website [www.lysb.org](http://www.lysb.org).

**3rd, 4th, & 5th GRADE AFTER SCHOOL PROGRAM.** Every Wednesday 3:00 to 5:00 p.m. Come to LYSB's Activity Center with your friends to play games, enjoy crafts, snacks, and more. Fun is guaranteed!! Students from Center School

*continued on page 15*

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## Help for Small Businesses

Last Fall, the General Assembly met in special legislative session to work toward providing relief to small businesses—the backbone of our state’s economy and job market. At that time, we cut the business entity tax in half, and took steps toward eliminating burdensome red tape. As the February short session of the legislature has begun, there is much work left to do to tackle and resolve the issues employers have said make Connecticut so unfriendly to businesses.

As I work to improve our business climate, I encourage employers to take advantage of the new Small Business Express package that was recently passed. This small business friendly initiative includes:

**Job Creation Incentive Program:** This new program provides loans for job creation to small businesses. The loans may be used for training, marketing, working capital or other business expenses. Loan amounts range from \$10,000 to \$250,000. Loans may be partially or completely forgiven depending upon the company’s ability to create and maintain the new jobs.

**Revolving Loan Fund:** This is a newly created loan fund targeting small business needs. It provides loans that can be used for the purchase of machinery and equipment, construction, relocation expenses, working capital, and other business-related expenses. Loan amounts range from \$10,000 to \$100,000.



State Representative Marilyn Giuliano

**Job Creation Matching Grant Program:** This grant program requires businesses to provide matching grants to any state funds awarded under this program. Grant funds may be used for ongoing or new training, working capital, purchase of machinery and equipment, construction, relocation within Connecticut, or other business related expenses. Loan amounts are available to qualifying businesses from \$10,000 to \$100,000. As in the Job Creation Incentive Program, these loans can be partially or completely forgiven.

**Eligibility:** The following criteria apply for each of the three programs above:

- A business with fifty (50) full-time employees or less
- Connecticut based business with operations in Connecticut
- Business registered to do business in Connecticut for at least twelve (12) months
- Business must be in good standing with payment of all state and local taxes

For info on Small Business Express or other programs available to businesses, contact the state’s Department of Economic and Community Development: 860-270-8052 or [www.ct.gov/ecd](http://www.ct.gov/ecd)

— State Representative Marilyn Giuliano

Marilyn Giuliano represents Westbrook, Lyme, Old Lyme and Old Saybrook in the Connecticut General Assembly. Rep. Giuliano can be reached at: 800-842-1423.

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• *Youth Service Bureau continued from page 13* •

will be escorted to LYSB. Students from Lyme School will take the bus directly to LYSB. Fee is \$100 for the year. Pre-register by calling LYSB at 860-434-7208 x0.

**YOUTH ADVISORY COUNCIL (YAC).** Every Wednesday 7:00-8:00 p.m. YAC is a high school community service club that participates in a variety of fun projects throughout the year. All high school students in L/OL are welcome to join us any Wednesday night! For questions call 860-434-7208 x0.

**ACTING UP!** Mondays 6:00-8:00 PM, Starts March 12th. LYSB's prevention drama troupe is open to any high school student in L/OL. Acting Up! provides students with the tools to "dramatically" improve their lives and self esteem through the art of acting and writing, and to positively influence the lives of middle and elementary school students through performance. Students will create their own sketches about prevention topics (peer pressure, smoking, underage drinking and drugs, bullying, etc.) to be performed at elementary and middle schools in June. Not just for LOLHS students, we welcome private and home schooled students in L/OL. Join us!

**RUN LIKE A GIRL.** Starts in March! A running group for girls ages 8-18 meets on Sunday afternoons at LYSB for a run followed by a half-hour group meeting to prepare for a local 5K. Local Girl Scout and LOLHS Senior Amy Lee is working toward her Gold Award, and has created this training program and curriculum that will help empower young women during emotional, physical and social developmental points in their lives. Success will be tracked and an environment for encouragement will be created in order to develop stronger, more confident girls in the community. For more information, please contact Amy at lee4994@gmail.com

**GUITAR LESSONS After School at LYSB.** On Tuesdays and Thursdays after school at LYSB. 45 minute private lessons are taught by teachers from Corner Music. Group lessons may also be available. For grades K-12. Guitars available for rent if needed. For more information contact Corner Music at 860-395-3500 or info@corner-music.com

**APRIL VACATION DRAMA CAMP at LYSB.** With Madhatters Theatre Company. Disney's Sleeping Beauty. Open to ages 8 and up. No audition required. Monday, April 9th thru Thursday, April 12th - 9am-3 p.m. Friday, April 13th - 9 a.m. - 1 p.m. dress rehearsal followed by a 6pm performance. Contact Madhatters for registration and fee information. 860-395-1861.

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## The Size-Up

We at the Old Lyme Fire Department hope you are enjoying this mild (so far) winter. It's hard to fathom that spring is just around the corner. This quarter we would like to reiterate home safety in view of some unfortunate tragedies that have been experienced in our state due to household fires.

More than 3,500 Americans die each year in fires and approximately 18,300 are injured. An overwhelming number of fires occur in the home. There are time-tested ways to prevent and survive a fire. It's not a question of luck. It's a matter of planning ahead.

**Every Home Should Have at Least One Working Smoke Alarm.** Buy a smoke alarm at any hardware or discount store. It's inexpensive protection for you and your family. Install a smoke alarm on every level of your home. Working smoke alarms can double your chances of survival. Test it monthly, keep it free of dust and replace the battery at least once a year. Smoke alarms themselves should be replaced after ten years of service, or as recommended by the manufacturer.

**Prevent Electrical Fires.** Never overload circuits or extension cords. Do not place cords and wires under rugs, over nails or in high traffic areas. Immediately shut off and unplug appliances that sputter, spark or emit an unusual smell. Have them professionally repaired or replaced. Use appliances wisely when using appliances – follow the manufacturer's safety precautions. Overheating, unusual smells, shorts and

sparks are all warning signs that appliances need to be shut off, then replaced or repaired. Unplug appliances when not in use. Use safety caps to cover all unused outlets, especially if there are small children in the home.

### Alternate Heaters

- Keep fire in the fireplace. Use fire screens and have your chimney cleaned annually. The creosote buildup can ignite a chimney fire that could easily spread.
- Kerosene heaters should be used only where approved by authorities. Never use gasoline or camp-stove fuel. Refuel outside and only after the heater has cooled.
- Portable heaters need their space. Keep anything combustible at least three feet away.

**Affordable Home Fire Safety Sprinklers.** When home fire sprinklers are used with working smoke alarms, your chances of surviving a fire are greatly increased. Sprinklers are affordable – they can increase property value and lower insurance rates.

**Plan Your Escape.** Practice an escape plan from every room in the house. Caution everyone to stay low to the floor when escaping from fire and never to open doors that are hot. Select a location where everyone can meet after escaping the house. Get out then call for help.

**Caring for Children.** Children under five are naturally curious about fire. Many play with matches and lighters. Fifty-two percent of all child fire deaths occur to those under age 5. Take the mystery out of fire play by teaching your children that fire is a tool, not a toy.

**Caring for Older People.** Every year over 1,000 senior citizens die in fires. Many of these fire deaths could have been prevented. Seniors are especially vulnerable because many live alone and can't respond quickly.

**Proper Disposal and Storage of Hot Ashes:** Store ashes in a metal container that can be tightly closed with a metal lid. Dump ashes into the container. Douse the ashes with water. Place the lid on the container and place the closed container outside your home away from combustible materials. Leave ashes in the container for several days before disposing of them. Wood ash, once completely cooled, can safely be disposed.

**DO NOT** store your metal ash container on your deck, in your garage or in any location that may allow heat to transfer from those hot coals to nearby flammable items.

**DO NOT** place hot ashes in a dumpster. There are certainly other combustible materials already in the dumpster.

**DO NOT** dispose of ashes in paper, plastic or cardboard containers.

**DO NOT** assume the ashes are cold and pour them onto the ground (even into a hole) where leaves can blow onto them or the wind can stir up sparks.

Once you are **POSITIVE** your container of ashes is "cold," place in a pile and prepare your container for the next load.

Be careful with ashes around areas you might not consider as combustible during wetter times, such as mulched flowerbeds and lawns that are drought stricken.



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continued on page 17

## Lyme Art Association

March 2 to April 21, **On Holiday: The Artist Travels and Drawing Attention.** Travel and vacation scenes by member artists, as well as a special exhibition by the prestigious Connecticut Society of Portrait Artists in the Goodman Gallery. A special exhibition of charcoal, pencil and pen and ink drawings by member artists will also be on display. Opening Reception: Friday, March 9, 6 - 8pm. Lyme Art Association, 90 Lyme Street. (860)434-7802; [lymeartassociation.org](http://lymeartassociation.org).

On April 27 to June 10, **91st Annual Elected Artist Exhibition and CT Plein Air Painters.** Annual showcase of the best new works by Elected Artist members of the Lyme Art Association. In addition, landscapes by the Connecticut Plein Air Painters will be on display in the Goodman Gallery. Opening Reception: Friday, May 4, 6 - 8 pm. Lyme Art Association, 90 Lyme Street. (860)434-7802; [lymeartassociation.org](http://lymeartassociation.org).

## The Lyme Tree

The Lyme Tree: Woman' Exchange of Old Lyme is a non-profit gift shop operated mainly by volunteers in which consigned and purchased handcrafts, antiques and collectibles are sold and whose surplus funds are distributed according to local needs.

The Old Lyme's Woman's Exchange is located in the Old Lyme Marketplace, 85 Halls Road and is open Monday through Saturday from 10am to 4pm. Handcrafted items include baby clothing and blankets, rag dolls, wooden toys; jewelry, handbags, scarves and accessories; table linens, lampshades, bowls and plates. Consignment items might include Wedgewood and Dresden pieces, Lladro figurines and other antiques and collectibles.

New consigners, crafters, and volunteers are always welcome.

• *The Size-Up continued from page 16* •

One cord of wood produces about 50 pounds of ash, which can be used for many other purposes. Ashes from different types of wood vary slightly in their chemical composition, but all kinds of ashes can be used as fertilizer. They produce 50% to 70% lime and contain phosphorus, potash and trace elements. Gardeners can raise the soil's pH by applying wood ash to their soil. To avoid altering the pH too drastically, take a soil sample prior to the addition of wood ashes to your garden spot. If the soil pH value is below 5.8 and there is a lime recommendation on the soil test, then place a dusting of wood ash on the surface and work it into the soil.

Ashes may be used as a repellent. Sprinkle ashes beside row crops and on paths through the garden to discourage slugs and snails.

Until next time, stay safe out there.

— Firefighter John J. Cody, OLFD Public Affairs Officer

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## Old Lyme Phoebe Griffin Noyes Library

Attending a program? Please register! It's simple and easy to sign up online! Having difficulty with registering? Call the Library at 860-434-1684 and the staff will be happy to assist. Online registration can be found at [www.oldlyme.lioninc.org](http://www.oldlyme.lioninc.org) under Events.

### ADULT PROGRAMS COMMUNITY COLLABORATION SERIES

**...ISMS: A Study of Styles in Art, Literature and Film.** A Partnership between the Old Lyme Phoebe Griffin Noyes Library and the Florence Griswold Museum. Thursdays, March 1-April 19, 7:00 p.m. Join program facilitator Marsha Bansavage as well as staff from both the Library and Museum for an eight session series investigating the notion of artistic styles in a variety of media. Free of charge thanks to a generous grant from the Connecticut Humanities Council. Meeting locations alternate between the Old Lyme PGN Library and the Museum. Copies of all literature will be available for check out at the Library's Circulation Desk. See our website for registration and program brochure for details.

**March 8.** Old Lyme Phoebe Griffin Noyes Library. Film Screening and Discussion of *Pollock*. Marsha Bansavage, Facilitator. Join Marsha Bansavage for viewing and discussion of the film, *Pollock*. Participants will explore the artistic and personal influences on the abstract style and action painting

of Jackson Pollock in which he moved away from figurative representation and challenged the Western tradition of using easel and brush. The viewer will be introduced to action painting and all its personalities.

**March 15.** Florence Griswold Museum. Book Discussion in the Gallery: National Book Award Winner 2010 *Just Kids* by Patti Smith. Marsha Bansavage, Facilitator. A philosophical and poetic journey introduces the reader to the 1960s and 1970s art movements. Smith's beautiful book about her youth with Robert Mapplethorpe, who she calls "the artist of my life," is a celebration, an elegy, and a memoir. An illuminating study of two very different artists with very different sensibilities that straddles the music, art, theater and poetry of the times.

**March 22.** Old Lyme Phoebe Griffin Noyes Library. Literature Discussion: *Picasso at the Lapin Agile*, a play by Steve Martin. Marsha Bansavage, Facilitator. Taking a comedic approach to art, Martin's play is set in a café where Picasso and Einstein along with an intriguing cast meet and explore the value of art, science and commercialism. The play attempts to explain, in a light-hearted way, the similarity of the creative process involved in great leaps of imagination in art and science leading to the birth of the modern century.

**March 29.** Florence Griswold Museum. Writing Inspired by Art. Join Director of Education David D.J. Rau for a creative writing session in the Museum's newest exhibition, *...isms: Unlocking Art's Mysteries*. Through a series of interactive exercises and gallery games, participants will look a little deeper at several works of art before creating a written response, in a specific style, to share with the group.

**April 5.** Old Lyme Phoebe Griffin Noyes Library. Literature Discussion: Poems from *Spoon River Anthology* by Edgar Lee Masters & the Imagists. Marsha Bansavage, Facilitator. A reading of selected poems by famous writers known as Imagists, who broke with the conventions of their time and redefined poetic techniques. Dickinson, Frost, Cummings and others will be read and explored.

**April 12.** Florence Griswold Museum. Painting and Sculpting in the Hartman Education Center. Julie Riggs and Matthew Ferrer. Join Museum Educators for a hands-on art-making session in the Museum's Education Center. Projects will offer participants the chance to create in a variety of artistic styles from the quick and thick brushstrokes of Impressionism to the splattered pigment of Abstract Expressionism. Wear clothing appropriate for painting (smocks available).

**April 19.** Old Lyme Phoebe Griffin Noyes Library. Literature Discussion: Short Stories by 20th Century American Authors. Marsha Bansavage, Facilitator. Reading and discussion of three short stories by leading American authors John Updike, Alice Walker and James Thurber. The reader will deal directly and indirectly with the literary world's involvement with art movements, exploring realism, escapism and fantasy. (April 26 Snow Date).

**Literature for a Lifetime Late Winter Series: A Light Hearted Look at Life.** All programs are at 7:00 p.m. "Great literature is

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• *Library continued from page 18* •

boring." "Great literature is too heavy." "Great literature is so depressing." In this series a rebuttal will be offered to these observations by demonstrating that great writers can indeed see the amusing side of life and write about it well! The plays are **March 5**, *Taming of the Shrew* by William Shakespeare, and **April 2**, *Pygmalion* by George Bernard Shaw. Facilitated by Marsha Bansavage and funded in part by the Connecticut Humanities Council. Copies of the books will be available for checkout at the Circulation Desk.

**Connecticut River Film Forum 2011-12 Movie Series.** Thursdays at 7:30 p.m. Welcome to the 7th year of screenings that deliver a mix of genres, including classics and award winning films presented with enticing introductions as well as discussion and socializing afterwards! Formed by a local contingent of avid cinema aficionados and partnering with the Library, the series brings acclaimed and thought provoking films to the public. Membership fee is \$25 per person for the series of six films or \$5 per showing. To register, send your name(s), address, phone and email address to Stanford Brainerd, Treasurer, CT River Film Forum, 6 Lyme Street, Old Lyme, CT 06371.

**March 22 Nashville** (1975) Directed by Robert Altman. Expect a huge cast including Lilly Tomlin and Ned Beatty, lots of country music, some politicians and recording studio executives, and the whole Nashville scene. A giant satire recognized for the pioneering technique of overlapping dialogue.

**April 19 Chariots of Fire** (1981) Retelling the events of the 1924 Olympics running competition. Outstanding performances by Ian Charleston as a devout Protestant Divinity student and Ben Cross, as a Cambridge University Jewish student facing hurdles of class prejudice and anti-Semitism while training for an historic athletic contest.

**Phoebe's Book Chats.** 2nd Thursday of the Month at 11:00 A.M. in the Community Room. Facilitated by Librarians Linda Alexander and Abhar Nauqti. New members are always welcome to join. Copies of the selections are ready for checkout at the Circulation Desk.

**March 8**, *Loving Frank* by Nancy Horan

**April 12**, *Hannah Coulter* by Wendell Berry

**May 10**, *Persuasion* by Jane Austen

**June 14**, *Paris Wife* by Paula McLain

**April 4 Framing Andy Warhol** with Guest Speaker Debra Petke at 7:00 P.M. Andy Warhol was a pivotal figure of the American Pop Art movement which satirically raised commercial and popular cultural images to iconic status. Despite his repetitive use of the familiar symbols of mass consumption, whether Campbell's Soup or Marilyn Monroe, Warhol defied social convention. Painting, printmaking, film, music, writing, and his lifestyle were all part of his creative process. This lecture will focus on how this classically-trained artist pushed boundaries and redefined the role of artist in the 1960s.

Debra Petke came to Lyme Academy College of Fine Arts as President and CEO in 2007 from a career in museums and teaching. She has a B.A. in art history from Providence College and an M.A. in art history from the University of

Massachusetts, Amherst, with a concentration in American art and architecture.

**Spring Art Exhibition: Kelli Fogg.** Friday, April 13 Exhibition Opening and Reception 6:00 – 8:00 p.m. A one woman show featuring recent graduate of the Old Lyme Academy College of Fine Arts.

**Mah Jongg Classes with Joanie Fitton.** Wednesday 12:30 p.m. – 3:00 p.m. Mah Jongg is the latest game craze that is gaining in popularity. It's a fun, challenging and competitive game that was brought to America in the early 1920s from China. It is commonly played by four players with a set of 136 tiles based on Chinese characters and symbols. Mahjongg is a game of skill, strategy and calculation, involving a certain degree of chance. Learn how to play and focus on the skills that will make you a patient and avid player while keeping the brain active and agile. Beginners and experienced players are all welcome. Joanie Fitton is a well known Old Lyme instructor of both yoga and Mah Jongg. All classes will take place in the Community Room. The cost is \$10 per person per class. Participants may register and pay in person. Class size is limited to 12.

**Watercolor Classes for Beginners with Local Artist, Joan Bernard.** New Session Begins March 6 for six weeks on Tuesdays 1:00 p.m. – 3:00 p.m. Class size is limited to 10. Class fee is \$140 per person. Experience the joy of painting with watercolors and discover the artist within you! The six week course is an introductory level class on watercolors for beginners or

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# Estuary Council

**Estuary Council of Seniors, Inc.** has been Serving Seniors in the nine-town Estuary region for 35 years. Call us to receive our *Gazette Newsletter* or go to [www.ecsenior.org](http://www.ecsenior.org) for our online newsletter, events calendar, menu, and more.

**Donate Your Car or Boat to the Estuary Council.** Turn your car or boat into a tax deduction by calling 1-800-716-5868. Vehicle does not have to run. Proceeds benefit the vital services we provide in the nine town Estuary Region.

**ANTIQUÉ APPRAISAL DAY:** Saturday, March 31st, 9 a.m. – 1 p.m. Bring your antiques and treasures and have them appraised by a professional. Several local experts will join us

again to appraise your treasures. \$5 each item or 3 items for \$10. Mark your calendar and bring your treasures in!

**YOU'VE GOT MAIL!** - Be the first to know what is happening by getting our newsletter emailed to you. No more postal delays, winter address changes, or trying to find the newsletter to confirm a date for the great free class or seminar. Go to [www.ecsenior.org](http://www.ecsenior.org) and click on the newsletter icon to follow the link and sign up. Then email us to remove you from the mailing list.

**INTERESTED IN SCRABBLE?** – Call Deb at 860-388-1611.

**STAN GREIMANN ESTUARY MEDICAL OUTPATIENT TRANSPORTATION** For medical appointments, to any medical location beyond the nine-town estuary region. Call Judy at 860-388-1611. Suggested donation of \$35.

**CAFÉ MEAL SITES** - Old Lyme, Old Saybrook, Clinton, Chester and Westbrook (Thursdays). Reservations required by calling 860-388-1611 by 11 a.m., 24 hours in advance.

**SATURDAY FAMILY BREAKFAST** at the Old Saybrook Café, 8 a.m. - Noon. Join us on Saturdays for made to order breakfast - just \$5.00 per person. Menu choices include the Estuary Omelet, Pancakes, Oatmeal, or Eggs-any style. All served with home fries and bacon or sausage, juice or fruit, coffee and milk.

**MEALS ON WHEELS** – hot meals delivered to your home. Call Diane at 388-1611. A \$3.00 donation request for those aged 60+ ; otherwise cost is \$6.25. Meals are supported by Senior Resources Agency on Aging with Title III funds available under the Older Americans Act.

**CLASSES AND ACTIVITIES:** Billiards, Ping Pong, Yoga, Exercise Classes, Mah Jongg, Wii, Tai Chi, Cribbage, Writer's Group, Book Club, Quilter's Group, Dominoes, Needlecrafters, Hand and Foot, and more.

**ESTUARY THRIFT SHOP:** Hours are from 10 a.m. – 4 p.m. Mon. – Fri. and 9 a.m. – 1 p.m. on Saturdays. Clothes (men, women, and children), kitchen items, crafts, and more available. Donations are accepted and volunteers always needed.

**VOLUNTEER OPPORTUNITIES:** Call Judy at 860-388-1611.



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• *Library continued from page 19* •

anyone who has done some painting previously. Participants will explore the basics of using the three primary colors.

Joan Bernard has studied fine art at Syracuse University, The Silver Guild Art Center and Lyme Academy College of Fine Arts. She has been painting in watercolor for 40 years. Joan is a member of the Friends of the Library and serves on the Art Exhibition Committee. Registration is required.

**Coming in May! Photography Courses with Steve Nadler of Essex.** Classes to be offered will include the following choices: Basic Photography Course, Fine Art Photography Course and Workshop, High Dynamic Range (HDR) Workshop (one day clinic) and How to Operate Your Nikon DSLR (one day clinic). Details will be announced on our website in April.

# OLD LYME NEWCOMERS' GUIDE

## Welcome to Old Lyme!

On behalf of *Events Magazines*, welcome to Old Lyme. Whether you are new to Connecticut or just new to Old Lyme you will find wonderful people and places to visit in town. From the Old Lyme Midsummer Festival to the Holiday Tree Lighting & Carol Sing, Old Lyme has something for everyone. Below are important phone numbers. Please tear out this page and keep it for future reference. We at *Events Magazines* and Essex Printing support local businesses.

Please use this guide and “Buy Local” – we do!

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## *Teen Scene at Old Lyme Phoebe Griffin Noyes Library*

### **March**

Friday March 16, Teen Scene Skype Author Talk! (Time to be determined) Using Skype Technology on the Library's computer, get in touch with a favorite author, virtually! This interactive virtual author talk will give you the opportunity to ask questions and learn about writing techniques from a young adult author. Author to Be Announced...Check library website for details. [www.oldlyme.lioninc.org](http://www.oldlyme.lioninc.org) under the "Teen Scene Programs Tab". Registration is requested.

### **April**

Monday April 9, 1:00-3:00 p.m. Teen Scene Spring Break Series: Game Day! Various board games will be available to play including many favorites such as Charades, Scattogories, Taboo and HedBanz!! Come hang out with your friends and get you game on!!Registration is required. Grades 6 and up are welcome to attend. Snacks will be served. Register online at [www.oldlyme.lioninc.org](http://www.oldlyme.lioninc.org) under the "Teen Scene Programs Tab" or by phone at 860-434-1684.

Tuesday April 10, 1:00-3:00 p.m. Teen Scene Spring Break Series: Movie Matinee. Come to the Old Lyme Phoebe Griffin Noyes Library to see a movie on the Big Screen . Check the library webpage for movie feature selection. Bring your favorite movie snacks, Popcorn will be provided. Register online at [www.oldlyme.lioninc.org](http://www.oldlyme.lioninc.org) under the "Teen Scene Programs Tab" or call the library at 860-434-1684. Grades 6 and up are welcome. This library accepts no responsibility for underage attendance should the movie be rated PG-13. Registration indicates parental permission.

Wednesday April 11, 1:00-3:00 p.m. Teen Scene Spring Break Series: Celebrate Earth Day Make Your Own Terrarium. A terrarium is a miniature landscape with living plants in a glass globe jar. Using moss, rocks and charcoal along with plants, learn how to make a terrarium environment for your plants to thrive and flourish! Materials will be provided. Registration is required for materials planning. Class size is limited to 14 participants. Grades 6 and up are welcome to attend. Snacks will be served. Register at [www.oldlyme.lioninc.org](http://www.oldlyme.lioninc.org) under the "Teen Scene Programs Tab" or call the library at 860-434-1684.

### **May**

Wednesday May 2, 6:30-8:00 p.m. First Teen Scene

Advisory Board Meeting and Social. Be Scene and Be Heard! Get active in your library by being a part of a virtual Teen Advisory Board. Help with collection development, program planning and have your opinion heard at the library. We would love to have you a part of our group. In person meetings occur twice yearly, with blog activity being monthly. Sign in and blog your input into the library, book recommendations, music and movie picks and other interesting topics will be discussed. In person meetings will be social and fun! Let's get this group started! Be a part of the Teen Scene at Old Lyme Phoebe Griffin Noyes Library! Pizza and soda will be served. Register at [www.oldlyme.lioninc.org](http://www.oldlyme.lioninc.org) under the "Teen Scene Programs Tab" or call the library at 860-434-1684. For more information, email Young Adult Librarian Susie Redman Parodi at [sparodi@oldlyme.lioninc.org](mailto:sparodi@oldlyme.lioninc.org).

Wednesday May 9, Teen Scene Make Your Own Photo Holder (A great gift for Mothers Day!) Come into the Old Lyme Phoebe Griffin Noyes Library to make your very own photo holder. Using wood and wire, beads and ribbon make something mom will love you (even more) for!! Materials will be provided. Bring your own pictures to further personalize your craft! Grades 6 and up are welcome to attend. Snacks will be served. Registration is required for materials planning. Register at [www.oldlyme.lioninc.org](http://www.oldlyme.lioninc.org) under the "Teen Scene Programs" tab or call the library at 860-434-1684.

Wednesday May 23, 2:30-4:30 p.m. Teen Scene Lights, Camera, Action! Let's Film A Book Trailer! What are you reading in school? Come to the library to make a book trailer featuring books you are reading at school. Grades 6-8 are welcome to attend. Bring your creative side to this program and make a book trailer starring you! Using technology awarded to the Teen Section at the Old Lyme Phoebe Griffin Noyes Library from the Lyme Old Lyme Education Foundation we will be collaborating with the schools to utilize technology to bring another facet of learning, fun and creativity to your reading! Come nurture the star in you: script it out, act it out, set it to music and film!! Let's make a book trailer!! Final products to be posted online!! Register at [www.oldlyme.lioninc.org](http://www.oldlyme.lioninc.org) under the "Teen Scene Programs" tab or call the library at 860-434-1684. Snacks will be served.

## *Spring Children Events at the Old Lyme PGN Library*

**Toddler Time.** Mondays @ 10:30 – 11:00 a.m. (Apr. 2 - May 21). Calling all toddlers...Two and three year olds will delight in listening to stories, singing songs, and making crafts. All this free fun takes place in the Community Room. Each program will last for approximately 30 minutes.

**Babytime.** Thursdays @ 10:15 – 10:45 a.m. (Apr. 5 – May 24). Introduce your baby to the library and meet new people! Activities include sharing books, singing some songs and finger-plays, and then playtime and exploration. Each program lasts approximately 30 minutes.

**Fun with Dr. Seuss.** Friday , March 2 @ 5:15 p.m. Listen to some of your favorite Dr. Seuss stories, play a crazy game, and create a wacky craft. Call 860-434-1684 to register. Ages 3-7. Siblings are welcomed. Please dress appropriately for a messy craft.

**St. Patrick's Day Story Time.** Monday, March 12 @ 10:30 a.m. Listen to stories, eat green snacks, and dance to Irish music. Ages 2-5. Siblings are welcomed.

**Easter Fun.** Tuesday, April 3, 2012 @ 6:00 p.m. Listen to Easter and bunny stories, sing and dance to silly songs, and

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## 2011 Citizen of the Year

Our community's support of the arts and the environment are traditions which set us apart from other small towns on the shoreline. No one represents that spirit of our community better than our 2011 Citizen of the Year, Diana Atwood Johnson.

Diana Atwood Johnson is currently the Chairman of the Board of the Lyme Academy College of Fine Arts, where she has served as trustee for 30+ years and which she first served as Chair during the College's crucial accreditation period. Her leadership has cemented our College's reputation as a fine arts institution of the highest caliber, and we will soon see safe, monitored student housing on campus, thanks to Diana's initiative. She has received the President's Award from the College and a Distinguished Advocate for the Arts Award from the Connecticut Commission on the Arts.

A member of our Open Space Commission since 2000, Diana is the current Chair. Under her stewardship, the Town of Old Lyme has set aside one-half million acres of open space. She is also Chair of the State of Connecticut Natural Heritage, Open Space and Watershed Land Acquisition Review Board. She serves on the Board of the Connecticut Trust for Public Land and served for 10 years on the Board of the Connecticut Chapter of the Nature Conservancy. Diana is also a member of

the Connecticut Land Conservation Coalition, Old Lyme Land Trust, Connecticut Ornithological Association, Connecticut Audubon, and the Cornell Lab of Ornithology. Her knowledge of open space and conservation issues has proven invaluable time and time again. Most recently, her firm grasp on both the history and the future of open space in Old Lyme resulted in a reimbursement to our Town of \$140,000.

Diana's legacy in our community and region is far-reaching. She owned and operated the Old Lyme Inn for 25 years, served as a Director of the Connecticut Restaurant Association, was a founding Director and Vice-Chair of the Maritime Bank and Trust Company, served as President of the Connecticut River Museum, and was founding Director and Chair of Mystic Coast & Country Travel & Leisure Council. Diana is an advisor to the Lyme/Old Lyme Educational Foundation and was an advisor to the expansion of the Madry Temple in New London.

The Board of Selectmen acknowledges that future generations of college students and residents will benefit from Diana Atwood Johnson's advocacy on their behalf and gratefully names her our 2011 Citizen of the Year.

— *Bonnie A. Reemsnyder, Mary Jo Nosal, Arthur E. Sibley, Jr., Board of Selectmen*

• *Library continued from page 22* •

search for "treasure" on an egg hunt in the Children's Room. Children ages 3-7 are welcomed. Space is limited to 30 children. Registration is required.

**Lullaby Nights.** 3/27, 4/24 and 5/29 @ 6:15 p.m. Join Eleanor Robinson to sing lullabies before tucking in for the evening. With our voices, her stringed instruments and quantities of percussive instruments for the families gathered, we will enjoy a melodic close to the day. Children in jammies welcomed! Favorite stuffed animals too! The program will last for about 30 minutes and is most appropriate for children ages 2 – 7. Miss Eleanor has taught music and movement classes for over a decade in libraries, nursery schools, community centers and churches. She has performed in classic rock and blue grass bands.

**Penguins a Plenty.** Time and Date – TBA. An educator from the Children's Museum (Niantic) will present a fun and interactive program about penguins. Children, ages 2-5, will learn facts about penguins through stories, songs and activities such as, making penguin masks, dressing up like a penguin and creating a thumb print penguin. Space is limited to 20 children.

**Lego Mania.** Saturdays, 3/31, 4/28 and 5/26: @ 10:00 a.m. – 12:00 p.m. Dive into plastic containers filled with colorful building blocks and create a work of art. Have fun with our expanded Lego collection of over 3,000 Legos and 10 building mats! No registration is needed for this program. For children in kindergarten and up. Choking hazard for younger children. Younger children must have parent/guardian supervision.

### Fun @ the Library – Afterschool Activities for Kids in 3rd-5th Grade

**Ductigami!** Thursday, March 1 @ 3:15 p.m. Come in to make a project of your choice with Duct Tape! What will you create? A wallet? A headband? A lunch bag? Materials will be provided. Instructions for some projects will be available. Grades 3 and up are welcome to attend. Snacks will be served. Please give information about any food intolerances.

**Game Day!** Thursdays, 4/5 and 5/24 @ 3:15 p.m. Come to the Old Lyme Phoebe Griffin Noyes Library after school from 3:00 p.m. - 4:30 p.m. for Game Day! Various board and interactive games will be available to play from Hedbanz Game and Operation to Monopoly and Life! How steady are your hands? Get a good stretch when playing the featured game of Twister. Snacks will be offered. Please give information about any food intolerances.

**Eco-crafts – Re-use, Recycle and Create!** Friday, April 20 @ 3:15 p.m. Create something unique from a variety of donated materials. Bring your imagination and see what you can create. An eco-friendly Rain Stick will be the featured craft. Snacks will be provided. Registration is required. Please register online.

**Mother's Day Present - Picture Frames.** Thursday, May 10 @ 3:15 p.m. Surprise your mom and give her a picture frame decorated and designed by you using mosaic tiles. Bring your own 5x7 picture to complete your project, other craft materials provided. Refreshments provided. Please give information of any food intolerances.

## Florence Griswold Museum

### Current Exhibition ...isms: Unlocking Art's Mysteries

From February 10 through June 10, the Florence Griswold Museum in Old Lyme presents *...isms: Unlocking Art's Mysteries*, an exhibition of 100 works of American art and culture from the 18th to the 21st centuries that seeks to explain art movements and styles. The exhibition is perfect for non museumgoers as an introduction to these stylistic concepts. Seasoned art lovers will enjoy testing their knowledge and learning about the larger historical contexts that have informed artists' work. The exhibition fosters a richer appreciation of familiar objects from the collection as well as introduces new acquisitions and selected loans.

**Afterschool Art Studio for Grades K-6 at the Florence Griswold Museum.** The Florence Griswold Museum in Old Lyme announces a new afterschool program for students in grades K-6. Afterschool Art Studios is series of monthly activities that combines learning about art and nature with fun, hands-on activities. Held monthly through June from 3:30 to 5:30 p.m. the sessions are divided into sections for two grade level, grades K-3 and grades 4-6. Each session is \$12. Advance registration is required as classes are limited to 25 students for more individual attention. For a description of each class and to register go to [FlorenceGriswoldMuseum.org](http://FlorenceGriswoldMuseum.org) or call 860-434-542 x 111.



*Afterschool Art Studios is series of monthly activities that combines learning about art and nature with fun, hands-on activities*

**May 5th is Free Day.** On Saturday, May 5 from 10am to 5pm, the Florence Griswold Museum in Old Lyme opens free to everyone for this ninth annual community day. It is the only

day each year the Museum is open without charge to celebrate spring and showcase its summer offerings to the public.

It is a great time to gather family and friends for a day of exciting programs, exceptional art, and beautiful views.

**GardenFest – June 1-10.** The third annual GardenFest at the Florence Griswold Museum in Old Lyme is a ten-day celebration of the site's historic gardens, featuring special events, garden tours, demonstrations, and family activities. From June 3 through June 12, visitors can enjoy a wide variety of activities for all ages and interest levels. Most events are free with Museum admission. Visitors to the Museum understand immediately the site's appeal to the artists who stayed at "Miss Florence" Griswold's boardinghouse over a century ago. Her house, gardens, and river view were favored subjects of her artistic boarders. Visitors stand at the site of Childe Hassam's favorite spot, stroll Miss Florence's lovingly restored old-fashioned garden, and rest where William Chadwick posed his model for the now famous painting, *On the Piazza*.

**GardenFest features Blooms with a View** (June 8, 9, 10) a group of talented floral artists displayed the stunning arrangements that they created to interpret works of art. The floral interpretations in this first annual *Blooms with a View* play off the colors, line, shapes, and subject matter of the works that inspired them in masterful ways.



*GardenFest at the Florence Griswold Museum in Old Lyme is a ten-day celebration of the site's historic gardens.*

New this year to GardenFest, the Museum will present the miniature masterwork of artist Renée Wilson with the installation of "Pleasure Gardens: A Miniature Maharaja Palace." Based on several maharaja palaces in India, the "Pleasure Gardens" is a miniature fantasy creation of a mythical palace, complete with gardens, several pavilions, and a remarkable elephant stable that have taken Wilson decades to complete.

## Town Information

**Town Hall will be closed** in observance of the following Holidays:

April 6 – Good Friday  
 May 28 – Memorial Day  
 July 4 – Independence Day  
 September 3 – Labor Day  
 October 8 – Columbus Day  
 November 12 – Veterans Day  
 November 22 & 23 – Thanksgiving  
 December 25 - Christmas

**Curbside trash removal** is performed by Shoreline Sanitation (434-0052). There is **no trash pick-up** on New Year's Day, Memorial Day, July 4th, Labor Day, Thanksgiving Day, or Christmas Day. In a holiday week, the regular trash pickup schedule moves up a day, except on Thursday and Friday, which remains on schedule.

Please have trash container out at curbside by 6am on your assigned day. Containers should be three feet away from any other objects, such as mailboxes, cars, other containers, planters, etc. Please be mindful when positioning your container not to block breakdown/emergency lane or obstructing walkers and/or cyclists. Thank you!

**Single stream curbside recycling** pick-up is performed by Shoreline Sanitation (434-0052) for clean bottles, cans, #1 - 7 plastics and paper products co-mingled in the green recycling carts every other week. A complete list of acceptable single stream recyclables as well as a color coded pick-up calendar is available on the Town's website ([www.oldlyme-ct.gov](http://www.oldlyme-ct.gov)), trash and recycling link on both the Selectman's and Public Works pages, as well as on Shoreline Sanitation's website ([www.shorelinesanitation.com](http://www.shorelinesanitation.com)) and in the Selectman's Office at Memorial Town Hall on Lyme Street, or at the Landfill/Transfer Station. Please phone Michele Hayes-Finn (860-434-1605, ext. 212) with additional questions.

**There is no recycling pick-up on the following Holidays:** New Year's Day, Memorial Day, July 4th, Labor Day, Thanksgiving Day, and Christmas Day. In a holiday week, the regular recycling pickup schedule moves up a day, except on Friday, which remains on schedule. Recycling information is available on the Town's website ([www.oldlyme-ct.gov](http://www.oldlyme-ct.gov)), in the Selectman's Office at the Memorial Town Hall on Lyme Street, or at the Landfill/Transfer Station.

**Electronics are now accepted at the Transfer Station.** Residents are able to bring the following items to the Transfer Station on Four Mile River Road: computers (personal computers, mainframes, med-range computers, laptops); networking equipment (hubs, switches, control cards, etc.); computer monitors, televisions, printers, keyboards, mice, adaptors, stereos, speakers, VCR's, scanners, fax machines, copiers telephones and telephone systems, computer wire and cable; computer drives and storage devices (floppy drives, CD ROMs, hard drives), power supplies, circuit boards, microwaves, scrap copper (cable, pipe, etc.), scrap aluminum (machine and machine parts, cable extrusions, etc.), fluorescent light

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bulbs, UPA (uninterrupted power supply) batteries, and related computer and electronic equipment.

**Additional automated trash and recycling containers** should be ordered through the Selectman's Office at the Memorial Town Hall on Lyme Street. Containers cost \$80. Please make checks payable to the Town of Old Lyme.

The **Transfer Station/Landfill** is open: Tuesday-Friday, 7:30am-3:45pm, Saturday, 8:30am-4pm. Closed Sunday and Monday.

**Bulky Waste and Demolition:** Vehicles are charged by weight at a \$110/ton rate. Recyclables should not be mixed in the same load with Bulky Waste or Demolition debris. Load of less than 100 lbs. will be charged a minimum fee of \$5.

**Brush** is charged on a per load basis. No wood or limbs thicker than four inches will be accepted.

**Grass clippings** are not allowed at the Transfer Station because of chemical contamination from pesticides and fertilizers. Do not deposit in your trash can. Please compost on your property.

**Phone the Selectman's Office** at the Town Hall (860-434-1605, ext. 212) to report a streetlight outage and/or trash or recycling problem. When reporting a streetlight, please make note of the pole location and pole number. Thank you!

**Beach Stickers are available beginning in May** at the Selectman's Office, Monday through Friday, 9am – 4pm. Car registration must be shown and additional proof of property ownership may be required at time of purchase.

**Phone Michele Hayes-Finn (860 434 1605, ext. 212) with questions or for additional information.**

*For town updates & information:*

**[www.oldlyme-ct.gov](http://www.oldlyme-ct.gov)**

## Old Lyme Historical Society

The Old Lyme Historical Society is pleased to announce the publication of a new walking tour of the Lyme Street Historic District. The pamphlet features line drawings of the historic buildings, along with a short paragraph describing the history and architectural features of each site. The tour is available at the Phoebe Griffin Noyes Library and also will be online at the Society's website: [www.oldlymehistorical.org](http://www.oldlymehistorical.org).

Another exciting bit of news is the newly formed History club at Lyme-Old Lyme High School. Under the guidance of moderators Joanne Hedwall and John Pfeiffer, interested students learn historical research techniques, taking oral histories, archival methods, and many other valuable history-related skills.

The Society's ongoing Oral History program was launched in 2009 by Dr. Sousan Arafeh. Known affectionately as "Telling Tales Out Of School," the Oral History project has trained a group of community volunteers to conduct interviews with Lyme/Old Lyme residents, recording their memories of life and times in our town.

Upcoming events include "Vintage!" on March 18, 2012, from 2:00 to 5:00 p.m. Bring your vintage or antique items to the Lymes Senior Center for a professional verbal appraisal of their value and history. Proceeds from this event will benefit the OLHSI's Scholarship Fund. \$5 fee, three items per person.

Also planned is another installment of the Society's acclaimed annual Spring Dinner Lecture, featuring Dr. John Pfeiffer. Past topics have included "Slavery in Southeastern



*Antique cars. Photo by M Pearson.*

Connecticut," "Indian Burial Ceremonies in the Lymes," "The Changing Landscape of the Lower Connecticut Valley," and "Privateers on the Shoreline." This popular event sells out quickly. Please check the website for further details.

Membership in the Old Lyme Historical Society is open to all. Benefits include a subscription to the "River and Sound" newsletter, discounts on publications, and invitations to members-only events.

— *Michaëlle Pearson*

## Student, Faculty Successes Abound at Lyme Academy College

*College Welcomes Local Community to its Exhibitions,  
Continuing Education Program and Pre-College Classes*

This is an especially busy time at the College as we are in the midst of the most intense period of the admissions cycle. We receive applications for our highly respected, four-year BFA degree from across the whole country and also some international locations. Each one along with its associated portfolio is individually reviewed and acceptance decisions made accordingly. Although our priority deadline is past, we are still accepting applications as we have a rolling admissions policy. If you know of anyone who is interested in attending our BFA program, contact our Admissions Department at 860.434.5232.

The 36th Annual Juried Student Exhibition opened in early February with a lively, very well attended reception. It is on display in the Chauncey Stillman Gallery through Saturday, March 31, and the gallery is open to the public at no charge from 10 a.m. to 4 p.m. Mondays through Saturdays.

Mark your calendars for Friday, April 13, when the Senior Studio Exhibition opens with a reception from 6 to 8 p.m. This

exceptional exhibition reflects the year-long, capstone, senior studio experience, which allows students to develop a body of work that reflects their individual interests, skills and aesthetic sensibilities. Students conceive their own project and, with ongoing support and input from the faculty and their student peers, execute and present it within a set amount of time. The reception is free and open to the public – student artists will be available to discuss their work during the event.

We were delighted to hear in January that the chairman of our board of trustees, Diana Atwood-Johnson, was named Old Lyme's 2011 Citizen of the Year. She has served the College for more than 30 years in a variety of roles, as well as numerous other civic organizations, making her a more than worthy recipient of the honor. Congratulations, Diana!

Students and faculty of the College have recently achieved some tremendous successes in a variety of media, including, in some cases, national and international recognition.

Peter Simon Müllhäüßer, a sculpture professor at the College, was named the winner of the prestigious Charlatan Ink Art Prize in October. This competition, which drew over

*continued on page 27*

## High Hopes Happenings

Summer 2012 seems far away, but it is right around the corner and High Hopes Therapeutic Riding, Inc. in Old Lyme is gearing up for another wonderfully busy season.

**Horse Show Days.** Saturday, May 19 - Friday May 25th, High Hopes will host its annual Horse Show Days; a weeklong celebration of the High Hopes community, and an opportunity for the public to come and visit our facility and view the magic that happens here. You can visit the horses, tour our facility with a professional staff person, grab a bite to eat, and watch our participants celebrate their accomplishments. For more information about this event please contact Liz Adams, Program Director, at (860)434-1974 ext. 116 or ladams@highhopestr.org.

**Symphony.** On June 9th, our Annual Benefit event, *Symphony*, will take the stage on our beautiful 120 acre farm and feature *Orchestra New England* playing a variety of crowd pleasing songs from Aaron Copland to John Philip Sousa. This event accommodates over 500 people and is always known as one of the best parties in town. For more information, to purchase tickets, or to become a sponsor, please contact Alicia Barrows, Development Assistant, at (860)434-1974 ext. 123 or abarrows@highhopestr.org.

**Summer Program & Camp.** In addition to our regular six week summer semester, High Hopes will offer four, one week summer camp sessions open to the general public for both



*Wendy Gamsu, High Hopes volunteer,  
Nancy Johnson, Old Lyme School System;  
Henry Boremski, rider; Sharon Torrenti,  
High Hopes volunteer.*

able bodied and special needs children between the ages of 3 and 14. For more information please contact Laura Brown, Special Programs Manager at (860) 434-1974 ext. 118 or lbrown@highhopestr.org.

**Volunteers.** Enrich your life by giving the gift of time to others. Currently, we are seeking volunteers 14 years and older to assist with all aspects of our program. Experience is not required, training is provided. Please contact Courtney Bernard, Volunteer Coordinator, at (860) 434-1974 ext. 121 or cbernard@highhopestr.org, or visit our website at [www.highhopestr.org](http://www.highhopestr.org) to learn more about how you can enrich your life by volunteering! No matter your interest or skill, we have a place for you at

High Hopes.

**About High Hopes.** High Hopes Therapeutic Riding, Inc. is a PATH Int'l (Professional Association of Therapeutic Horsemanship International) premier accredited therapeutic riding center in Old Lyme, Connecticut that touches the lives of over 1,500 people each year. Our mission is to improve the lives of people with cognitive, physical and emotional disabilities through the benefits of therapeutic horseback riding and other equine assisted activities, while serving the therapeutic riding profession through training and education. We invite you to visit our website at [www.highhopestr.org](http://www.highhopestr.org) to learn more, and follow us on Facebook and Twitter.

• *Lyme Academy College continued from page 26* •

1,000 contestants from 54 countries, is an annual event based each year in a different city throughout the world. Müllhäußer submitted a sculpture of an unclothed boy with upturned, clenched fists molded in aluminum and titled, "Questionmark." The relatively small (36 inches high), but striking, piece clearly drew the eye of the seven independent judges from around the world. Twenty-nine-year-old Müllhäußer received a cash prize of \$25,000 and the Charlatan Ink Well Trophy for his labors.

Another sculpture professor at the College, Stephen Shaheen, has also been in the news recently. He is the creative mind and driving force behind the monumental Memoria project installed on the New Jersey shore overlooking Manhattan. The sculpture, which was dedicated in October 2011, commemorates the dead from Sept. 11, 2001, with each deceased person's name carved into blocks of granite along with other oversized, free-standing sculptures.

The project was extraordinary on many levels including the 10-year timeline to complete it, the major donations it attracted and the fact that it became a community project with countless people actually working on the sculptures. Shaheen has justifiably received considerable media attention for his exceptional efforts.

Turning to our current students, two have received prestigious scholarships from the American Artists' Professional League. Sophomores Christopher Jones O'Flaherty and Violet White each received a \$1,000 award at the Salmagundi Club in New York City and their artwork was displayed at the 83rd Grand National Exhibition at the Club. It is unprecedented for two students from one College to receive these awards and the highly respected Salmagundi Club announced its break with tradition by noting it felt the Lyme Academy College students' work justified the exception.

*continued on page 28*

The Shoreline Soup Kitchens & Pantries provides food and fellowship to those in need. Serving the towns of Essex, Chester, Clinton, Madison, Old Saybrook, East Lyme, Lyme, Old Lyme, Killingworth, Westbrook and Deep River.

Learn how you can help at:  
[www.shorelinesoupkitchens.org](http://www.shorelinesoupkitchens.org)

## *Middlesex Hospital Surgeon Treats Sleep Apnea with da Vinci Robotic Surgical System*

According to Middlesex Hospital Ear, Nose and Throat physician, Mark D'Agostino, M.D., statistics for sleep apnea show that it affects 4 to 9 percent of women and 9 to 25 percent of males and a lot of it is under diagnosed. In post-menopausal women, the incidence tends to catch up with that of males. Sleep apnea can also lead to serious health problems, such as heart disease and stroke.

Sleep apnea is obviously a common problem. For some time, the standard treatment for sleep apnea has been use of a CPAP machine. But many people find the machine uncomfortable and do not tolerate it well.

Dr. D'Agostino has developed a revolutionary new technique to treat sleep apnea using da Vinci technology, called transoral robotic surgery, in which the base of the tongue is surgically "trimmed." Up until now, a typical surgical technique to treat sleep apnea was to trim the palate. The success rate of this type of procedure is about 45 percent. With transoral surgery the success rate goes up to about 70-80 percent and sometimes even higher. Although there is no guarantee with the success of sleep apnea surgery, transoral surgery has shown significantly positive results.

In the past, there had been no easy way to surgically address the tongue base for sleep apnea surgery. The da Vinci surgical system has offered a breakthrough in this particular surgical

technique. The da Vinci allows surgeons to get down to the base of the tongue and shave it off going through the mouth, without making any incisions on the outside of the jaw. Dr. D'Agostino has pioneered this new type of surgery, along with only a handful of surgeon colleagues throughout the country.

As with any surgery, there are risks associated with transoral surgery and most patients have some problems swallowing immediately afterwards, which normally resolves itself. Overall, Dr. D'Agostino has seen positive results with the new surgical technique.

For further information about transoral robotic surgery using the da Vinci, you can contact Dr. D'Agostino directly:

Mark A. D'Agostino, M.D.  
Southern New England Ear, Nose & Throat Group  
51 South Main Street, Middletown, CT 06457  
Phone: 860-344-0055

669 Boston Post Road, Guilford, CT 06437  
Phone: 203-458-6181

1 Long Wharf Drive, Suite 302, New Haven, CT 06511  
Phone: 203-777-7500

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• *Lyme Academy College continued from page 27* •

Two seniors, Morgan Wilcox and Traci Cremeans, have been awarded the Wardlaw Prizes for Artistic Excellence. These awards were established by long-time supporters of the College, Dr. Stephen Wardlaw and his wife Lynne, of Lyme. Each carries a cash prize of \$5,000 and the recipients were chosen based on the quality of artwork, academic standing, and merit of the written statements.

Perhaps while reading of these successes, you are thinking about coming to the College to take some classes and develop your own artistic abilities. Registration is currently open for the second session of our Spring Continuing Education program. These classes are flexibly scheduled on weekday evenings and Saturdays to complement work and school schedules, and offer the opportunity for adults to work in a studio setting with skilled artists who provide expert instruction at all levels.

The College's program of Non-Matriculated Studies was re-launched this year. The College is frequently approached by artists in the community looking for serious artistic study without being officially enrolled in a degree-seeking program. We are now offering the opportunity for adults with previous art experience to register for credit courses within our BFA program as non-matriculated students, but at a new and very competitive price. This program will allow you to study with

our renowned faculty and work side-by-side in the classroom with degree-seeking students.

Our Summer Pre-College Program is designed especially for high school students who wish to explore and expand their artistic abilities. The program fosters creativity, builds artistic skill, and mentors personal vision in young artists. Visit our website to view details of the schedule for both Continuing Education and the Pre-College Program or call Jessie McCoy at 860-434-3571 ext. 139

The College continues to welcome volunteers as valued members of our community. Diverse volunteer roles are available, which can be tailored to fit many interests and schedules. Contact Ann de Selding at 860-434-3571, ext. 117, to explore the possibilities.

Finally, save the date for our upcoming, not-to-be-missed PopArtsBall. This Andy Warhol-themed event will be held at the College on Saturday, June 2, starting at 6 p.m. and promises to be a spectacular evening. Tickets are now available and can be reserved by calling Kathy Keller at 860-434-3571, ext. 111.

The College is located at 84 Lyme Street, Old Lyme CT 06371. For more information about the College, call 860-434-5232 or visit [www.lymeacademy.edu](http://www.lymeacademy.edu).



*Kelly and Taylor from Lyme Old Lyme High School's Life Skills Program have been assisting with the conversion of paper files to electronic at the Town Hall.*

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## *A Silver Celebration: LOLJWC Art Show 2012*

Back in 1987, the women of the then named Shoreline Junior Women's Club knew that it was time to shake things up. The bake sales and other fundraisers that they were holding on a regular basis were taxing for the membership, and not very profitable. They wanted to establish a fundraiser that could really be a draw, raise funds and contribute in a meaningful way to the needs of the community.

That's when member Linda Pinn came up with what was at the time, a bit of a radical idea – hosting a local art show. Though the shoreline and in particular the Lyme-Old Lyme area are steeped in art history, back in the mid 80's there were no such events. "It seemed like a natural fit" said Pinn, "but we had no idea what we were getting into."

The following spring, Pinn, her co-chair Betty Carlson and the rest of the Juniors put on the first annual art show – in the hallways of Old Lyme High School. It was truly a group effort, with members, husbands and resources from across the community pitching in to make the show a success. Juniors made appetizers and their husbands hung the artwork. Pinn recalls knowing the event was a success when one of the men directing parking came in and said the lot was full – and it stayed full all night. That first year, the show raised several thousand dollars and the money was put towards the purchase of playground equipment for Cross Lane Park.

That success has continued for more than a quarter century. This April, the Lyme-Old Lyme Junior Women's Club will hold their 25th annual Art Show. With hundreds of thousands of dollars raised – all going to local charities and organizations, the LOLJWC Art Show is a must attend event on the social calendar each spring. With each year, the dollars raised have grown. Beneficiaries have included local library computer programs, Lyme Youth Services Bureau, local fire and ambulance departments and various other service organizations. "These needs do exist locally," says Jen Harvill, Co-President of LOLJWC, "for our members to be able to contribute and make a difference in such a meaningful way is really what this organization is all about."

And the tradition of the show being a true group effort has also continued over the years. The event has been held in various locations, most recently at Christ the King Church and has expanded to an opening event on Friday night, as well as all day Saturday. But, the heart of the show is still in the dedication of the members, their families and the local vendors who contribute time, money and goods. "We couldn't do it without the support of the entire community" says Cher Bradley, LOLJWC Co-President. "It makes the event even more special when you see all the work and dedication that goes into it."

— Jennifer Daly McFadden

# New Safe Harbor Memory Care Neighborhood Opens

After months of planning, designing, preparation and construction, The Saybrook at Haddam assisted living retirement community is thrilled to open our new Safe Harbor Memory Care neighborhood. This warm and inviting neighborhood “village” is located in a one-story wing of The Saybrook at Haddam, and was created specifically for individuals suffering from Alzheimer’s, dementia, or other memory-related disorders.

We designed the Safe Harbor Memory Care neighborhood to be a beautiful, open and engaging environment – taking advantage of the building’s existing high ceilings, oversized windows, wonderful lighting, and open floor plan. Our common-area living room is very home-like with comfortable chairs and couches, a large television, games, and books. Residents enjoy family-style meals each day in our large, open dining area – which always has room for “one more.” Both of these rooms are available for use anytime throughout the day for visits with family and friends, for conversation, or enjoying our many social activities designed specifically for individuals with memory disorders. These areas are bright and airy, and overlook our new outdoor walking garden and patio.

Each private or shared studio apartment is also light and open, and some featuring seating areas, a small kitchenette, and a spacious bathroom. This space is perfect for quiet time or private visits with family and friends. Residents are encouraged



*The Safe Harbor Memory Care neighborhood is designed to be a beautiful, open and engaging environment.*

to decorate their apartments with their own personal items, photos, and artwork to truly make Safe Harbor their home.

Entering Safe Harbor is like walking down the main street of a little village. As you stroll along the path, you pass a park and “café” setting with table, chairs and striped awnings, where you can stop for conversation or rest. You then pass a “neighbor’s house” (which is a large, engaging mural of a lovely yellow house), and finally make your way to the beach and boardwalk (another oversized mural). The doorways are decorated with wreaths and many other home-like details. Additionally, our secure entries and exits blend into the surroundings, and do not take away from the neighborhood setting.



*Entering Safe Harbor is like walking down the main street of a little village.*



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96 Cedar Lake Road, Chester 860-526-1433

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The philosophy at Safe Harbor is that life is made up of many little touches, events, and small happenings every day, and it is our job to use these little opportunities to create happy moments. Everyone at Safe Harbor works in a kind, respectful and caring way towards each resident to bring out the essence of who they are as individuals – so they can live with dignity

*continued on page 31*



• *Safe Harbor continued from page 30* •


and as much independence as possible. Our team works closely with doctors and families to provide a personalized memory care plan for each resident – so they can be their best at every moment of the day.

It is exciting to see this vision come to life, and be able to bring this valuable living option to our region. We were able to show off Safe Harbor during a “preview” open house in December, when we invited professionals and the community to tour this newly completed specialized memory care neighborhood. Many guests told us the open spaces, inviting layout, and warm environment was ideal for anyone living with a memory-related disorder. Families and individuals are welcome to schedule their own private tour of Safe Harbor (or to request an application for residence) anytime by calling 860-345-3779.

We know many families struggle to care for a loved one who suffers from Alzheimer’s, dementia, or other memory-loss disorder, which can take a toll on everyone. We hope our Safe Harbor Memory Care neighborhood provides an exceptional solution for them.

— Kathy Ryan, Executive Director, The Saybrook at Haddam

*Kathy Ryan is executive director of The Saybrook at Haddam, (www.thesaybrookathaddam.com), a 74-apartment assisted living retirement community located in the heart of the Connecticut River Valley region. The community provides independent retirement living services as well as assisted living services (provided by its state-licensed Agency).*



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# Mom’s journey in life deserves a “Safe Harbor.”



For those suffering from Alzheimer’s and other memory-related disorders, life should still be as fulfilling and active as possible. That is why The Saybrook at Haddam created Safe Harbor, a new specialized memory care neighborhood, located within our gracious assisted and retirement living community. With beautiful murals, social areas, and outdoor gardens, our safe, nurturing and stimulating environment provides a higher quality of life for our residents.

Our compassionate and professional staff works tirelessly to give you peace of mind knowing your loved one is getting the care they need and the respect they deserve.

For a personal tour of Safe Harbor, call The Saybrook at Haddam today at **860-345-3779**.



A Memory Care Neighborhood  
1556 Saybrook Road, Haddam, CT

[www.thesaybrookathaddam.com](http://www.thesaybrookathaddam.com)

## Thanks Given to Selectman

Nearly 250 people met at the Old Lyme Country Club in January to surprise former First Selectman Tim Griswold with a reception to thank him for his service to the Town. Tim served as First Selectman for 14 years, on the Board of Finance for 17 years, and has been an active board member for many town organizations, including the Chamber of Commerce, Lyme

Academy College of Fine Arts, Florence Griswold Museum, and Old Lyme Historical Society. In honor of his service to the Town, Tim was presented with a painting of the Town Hall by Catherine Christiano. A Town resident and graduate of the Lyme Academy College, Catherine also designed a new Town Seal in 2000.



Catherine Christiano, "Memorial Town Hall, Old Lyme", 2012, Oil on Panel, 8" x 20". Photo credit Paul Mutino.

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